

Capacity building of primary care physicians for treatment of tobacco dependence in Bangladesh

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Scope:

- Bangladesh is one of the high tobacco consumption countries of the world. There is no effective cessation service available for patients attending different tiers of public hospitals or clinics of Bangladesh.
- Therefore a project for capacity building of primary care physicians will be an important step in establishing cessation services in Bangladesh.

Objectives

The objectives of the project were-

- To develop a core group health professionals with expertise for treatment of tobacco dependence
- To motivate and increase the knowledge for treatment of tobacco dependence among primary care physicians of Bangladesh
- To establish model tobacco cessation clinics in selected tertiary care hospitals in divisional cities of Bangladesh

METHODS

- To develop a core group health professional with expertise for providing training for treatment of tobacco dependence, a TOT were planned
- To motivate and increase the knowledge for treatment of tobacco dependence training sessions for general physicians and other health care providers were planned in different parts of the country
- Consultative meetings with relevant government and non-government stakeholders were also planned to sensitize policy makers
- Establishment of cessation clinics in five hospitals and at one rural community of Bangladesh was planned

RESULTS

- A training manual was developed
- A TOT was done and 18 physicians were trained as trainer.
- Training sessions were organized in five tertiary care hospitals and in a community social organization.
 - 175 physicians and 359 nurses underwent one day training on tobacco dependence treatment with emphasis on brief intervention.
- Tobacco cessation service has been established in five tertiary care hospitals.
- A consultation meeting was conducted to sensitize policy makers and relevant stakeholders for implementation of FCTC article 14.